

CERTIFICATE

OF PARTICIPATION

This is to certify that

Flavian Rhode

Has successfully participated & completed the

Rhythm Run 5km Rhythm Run

held at Delvera Estate Stellenbosch, Stellenbosch.

TIME 00:37:30

PACE 07:30/km

OVERALL 13 of 57

GENDER 6 of 15

40 - 49 1 of 2

20 April 2024, Sat

Date



BoutLime

Signature